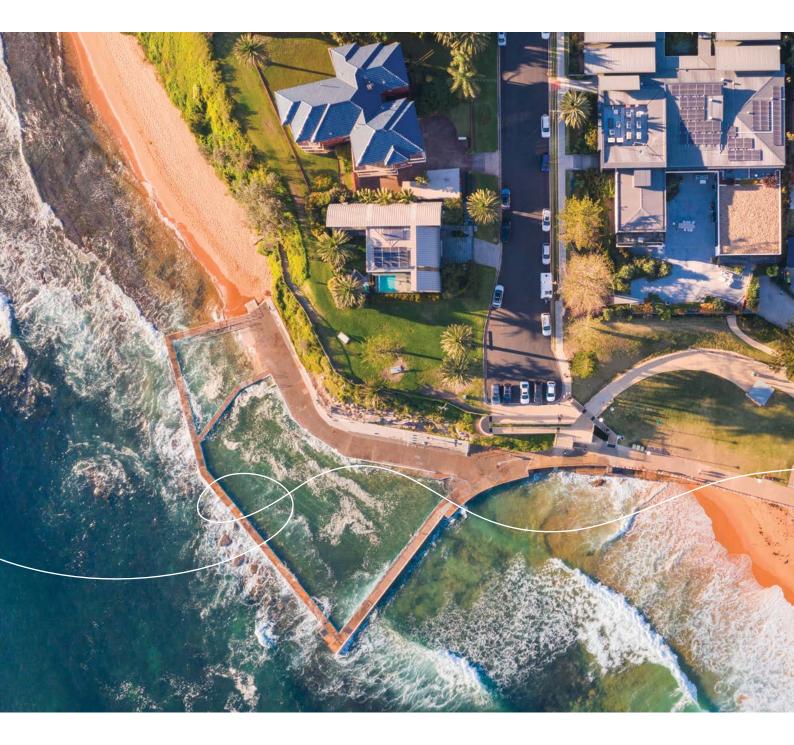




### World-first resort for people with SCI

Short-term accommodation and assistance | Accessible holidays







### Sargood on Collaroy

Located atop a spectacular headland overlooking Sydney's beautiful Collaroy Beach, Sargood on Collaroy offers a unique destination like no other.

Will from the ground up specifically for people with spinal cord injury, our award-winning, world-first resort sets a new standard in accessible travel and short-term accommodation.

Beyond the open space, wide doors and generously sized apartments with seamlessly integrated home automation, there's the very latest in assistive technology, adaptive equipment and an endless array of recreation activities and courses waiting to be discovered. Bring your own carer or access our team of friendly specialist support staff – the choice is yours.

We take the stress out of travel by customising your stay before your arrival to ensure it meets your individual needs. Our adaptive gymnasium, recreation room and ocean view lounge all add to the resort experience. Stays may be funded through the NDIS, icare, other compensable schemes and the Sargood Foundation.

#### We are a world-class resort for people with SCI.

# Customised accommodation

Our resort offers beautiful self-contained apartments and has package options to suit your needs.

hether you are travelling solo, as a couple or as a group, we have packages and rooms to suit. Wake up to breathtaking views of the expansive Pacific Ocean or peaceful native landscaped gardens. You will be amazed at the attention to detail in your spacious apartment.

Refreshingly, there's no need to bring all of your equipment from home. We have a huge range of adaptive equipment for you to choose from. Our standard and deluxe suites are included in all packages. Family and friends can be easily accommodated in our interconnecting and extra room options.

Travel with your own carer or receive assistance from our team of guest attendants. We offer consultation from our specialist support staff, including occupational therapists, clinical nurse consultants and exercise physiologists/physiotherapists.

"Sargood provides a calming, soothing environment in a world that is sometimes hard. The accessible rooms and bathrooms, the helpful staff, the activities and the gym were second to none. Sargood is a magic place."

Ivan Satranek, Sargood on Collaroy Guest

#### **Package inclusions:**

- > Access to resort facilities
- Accommodation in a standard or deluxe suite (subject to availability) includes:
  - ceiling hoist
  - kitchenette
  - home automation
  - hi-lo bed
  - queen sofa bed
- > Variety of adaptive equipment
- Supported access to our recreation and leisure activities program
- Nursing and occupational therapy consultations or access to in-house courses
- Support workers available on-site 24 hours a day (for emergencies)
- > High intensity self-care assistance\*











### State-of-the-art facilities

Take advantage of an array of world-class facilities during your stay. Each of our common areas make the most of the beautiful surrounds with unparalleled ocean views.

#### **Our facilities include:**

- Adaptive gym equipped with leading technology, staffed by our on-site exercise physiologist
- Multi-purpose recreation room with table tennis and pool tables, video games, movies, board games and more
- > Ocean view lounge complete with outdoor balcony
- > Communal dining room and kitchen area
- > Virtual reality and 3D printing room

"The fact that the whole resort is accessible is unique. There's a wide range of activities from bush push to yoga and everything in between. Nothing is a problem for the staff and the local community is so welcoming. You feel normal here. It's five stars from me!"

Sam Bailey, Sargood on Collaroy Guest

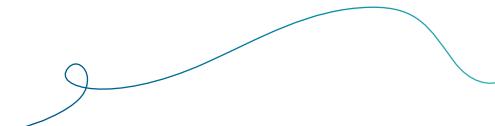




And Cold Street









### Recreation + Leisure

Choose from our vast range of recreation and leisure activities specifically designed for people living with spinal cord injury.

elax by Collaroy Beach or the ocean pool, enjoy a lazy morning tastetesting at the local farmers markets, or be adventurous and go kayaking. Explore the surrounding national parks or go mountain biking on our offroad cycles. From surfing to golf, tennis to whale-watching, our resort is the perfect place to engage in new experiences or get back into something you love. Our experienced recreation team comprises SCI specialists who will help you get the most out of our recreation and leisure activities, and make it an unforgettable experience.

"Having the chance to do the things that my kids love, such as fishing and snorkelling, was a really amazing experience for us to share together."

Ben Harper, Sargood on Collaroy Guest

### Our courses

Designed to improve the skills and independence of people with SCI, our courses are a great way to try something new or revisit an old favourite. All courses are designed to be enjoyable, educational, and cater toward varying levels of injury.

ith intensive exercise courses, relaxing yoga retreats, exciting certified scuba diving courses, 3D printing, vocational workshops and more, we cover a multitude of activities ensuring there's something for everyone.

Ranging from weekend workshops to week-long courses, you can enjoy a relaxing stay at our beachfront resort whilst exploring new skills with our team.

"We all came away with something useful and tangible and it was very satisfying seeing my own [3D printing] designs come to life!" Matt Aller, Sargood on Collaroy Guest























## Collaroy and surrounds

Located on Sydney's Northern Beaches, Sargood on Collaroy is part of the Collaroy Accessible Precinct which is proudly committed to making our local area 100 per cent wheelchair friendly.

#### The precinct boasts:

- > Accessible shops, restaurants and amenities within easy distance from Sargood
- > World-renowned attractions nearby including Palm Beach, Ku-ring-gai Chase National Park and North Head Sanctuary
- > Easy access by bus and ferry to Manly and Sydney CBD

"As soon as I arrived at Sargood, one reality ended and another began. I had an amazing time. I've dreamt about places like this but I'd never seen anything like it."

Ivan Satranek, Sargood on Collaroy Guest

# Fund your stay

We are passionate about providing a resort experience with supported accommodation that is accessible for everyone living with spinal cord injury.

I n most cases, stays can be funded through icare or the NDIS (under short-term accommodation & assistance). For people with a SCI who do not have access to insurance or the financial means to fund their own stay, applications can be made to the Sargood Foundation for sponsored stays.

### **Options for funding your stay:**

- > NDIS funding
- icare funding
- Royal Rehab funded intro stay
- Sargood Foundation
- Other compensable insurance schemes

"Sargood is truly inclusive – you don't have to feel different because you have a disability."

Louise, Sargood on Collaroy Guest



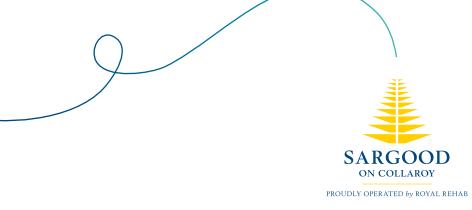














#### www.sargoodoncollaroy.com

Sargood on Collaroy | 1 Brissenden Ave, Collaroy NSW 2097 | +61 2 8597 0600 | info@sargoodoncollaroy.com.au Proudly operated by Royal Rehab, Sargood on Collaroy is a collaboration between The Sargood Foundation, icare and a private benefactor.

