



To whom it may concern,

Royal Rehab, trading as Sargood on Collaroy, is an NDIS accredited provider (organisation ID: 4050002604). NDIS participants may be able to seek assistance to support their memberships through the NDIA and the below line items.

**Core Supports: Daily Living: Assistance with Social and Community Participation**

Support Item	Item Number	Qty/ Hrs	Rate	Description	Subtotal
CORE SUPPORTS Community, social and recreational activities	04_115_0125_6_1	n/a	\$1045	Club Sargood memberships have been specially designed to assist people living with a disability pursue recreational and leisure activities and engage in broader community participation particularly when the participant is at risk of being socially isolated. Inc. access to Level 1 hotel facilities and gymnasium between 8am and 8pm, access to adaptive recreational equipment* and all club Sargood member activities.	\$1045
Assistance to access community, social/records - individual higher intensity - weekdays	04_101_0104_6_1	2	\$42.50	2 x 1:1 session (60 minutes) with our qualified exercise physiologist to orientate you to the club and gym equipment.	\$85
<b>Total:</b>					<b>\$1130</b>

Club Sargood memberships allow the individual to engage in community, social and recreational activities within the community particularly when the individual is at risk of becoming socially isolated.

Members are given the opportunity to experience accessible fitness and recreation tailored to their skills and abilities. Memberships are only accessible to those living in the community with a disability which creates a unique social environment that encourages relationship building and peer to peer learning. We also provide group activities throughout the week to further encourage social engagement.

Club Sargood memberships gives the member the opportunity to maintain their fitness with uninterrupted ocean views in our state-of-the-art gym. Our gym is fitted with 'HUR' Gym equipment which has been designed specifically for wheelchair users and for those with a disability. The equipment enables independent use of the gym for those who would normally require assistance.



Club Sargood members have access to our exercise physiologist who specialises in working with people living with disabilities in the community. Additional hours of exercise physiology above the included 2 sessions of the membership can also be purchased. The NDIS may support funding your exercise physiology sessions using the below line items:

**Capacity Building: Improved health and wellbeing**

*Or*

**Capacity Building: Improved daily living skills**

Support Item	Item Number	Rate	Description	Subtotal
Exercise Physiology	12_027_0126_3_3	\$148	Individual advice to a participant regarding exercise required due to the impact of their disability.	\$148
Individual Assessment, Therapy and or training: exercise physiology	15_048_0128_1_3	\$148	Individual advice to a participant regarding exercise required due to the impact of their disability.	\$148

Club Sargood members receive guided support to discover unique and innovative adaptive sport and recreation activities in the community with access to all of our onsite recreation equipment including beach access equipment and adaptive cycles.

We welcome all new members. Please feel free to contact me if you have any further questions.

Kind regards,

**Clinical Manager**